



Adult Mental Health First Aid Training

Mental Health First Aid is a course that teaches how to help someone who is developing a mental health problem or experiencing a mental health crisis.

Apalachee Center, Inc. will offer a FREE two day course.

When :

Tuesday, February 4, 2020 8:00 a.m.-12:00 p.m.

Wednesday, February 5, 2020 8:00 a.m.- 12:00 p.m.

Where:

Apalachee Center, Inc.

2634 Capital Circle NE, Tallahassee, FL 32308

Building J Main Conference Room

To Register please email kimo@apalacheecenter.org the following information (name, phone number, email address and occupation if any) on or before January 31, 2020.

*Questions regarding Mental Health First Aid? Contact **Lisa Medcalf** lisam@apalacheecenter.org
To arrange for special accommodations, please call (850) 523-3333 ext. 2246 at least five days in advance.*

