



Dialectical Behavioral Therapy

Brief overview of the
treatment framework & core skills

Presented by,
Esther Park, FSU Clinical Psychology Intern

Come join us for our **virtual brown bag
as we learn about:**

- DBT principles & treatment components
 - Skills training
 - Core DBT strategies
- Potential applications



SEPT 30th
Noon-1pm



[Register Here](#)

Questions or Request for Accommodations: email kimo@apalacheecenter.org