

## About Us



Founded in 1931 as Emma Pendleton Bradley Hospital, it is the nation's first psychiatric hospital devoted exclusively to children and adolescents. Now in its 92nd year, the hospital has grown to serve 4,500 young people annually. Bradley provides an unparalleled continuum of care and well-established collaborations with other community resources including schools, social agencies, state agencies, and other healthcare providers.

Bradley Hospital is a teaching hospital for The Warren Alpert Medical School of Brown University and is nationally recognized for children's mental health training and research, receiving \$7 million annually in external research funding.



Apalachee Center, Inc. has served the Tallahassee community since 1948. In 1977, services were expanded to include the surrounding 7 counties, resulting in a service area that now spans across 5500 square miles. We serve approximately 7500 clients each year and employ over 500 individuals throughout our many facilities.

We are currently the largest community mental health center between Pensacola and Gainesville. We serve as intern/resident sites for both Florida State University and Florida Agricultural and Mechanical University in areas that include pharmacy, psychiatry, social work, nursing, and psychology.

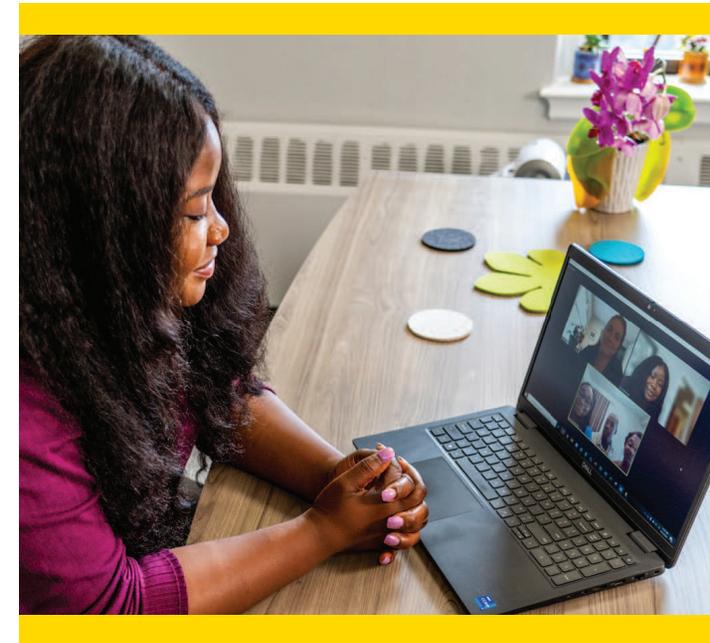


For more information on  
Bradley REACH@Apalachee Center,  
please contact the Intake Coordinator

Phone: (850) 688-0932  
[bradleyreach@apalacheecenter.org](mailto:bradleyreach@apalacheecenter.org)

For more information on Bradley REACH  
services, please contact:  
(401) 432-1137  
or email us at:  
[bradleyreach@lifespan.org](mailto:bradleyreach@lifespan.org)

To make a referral to  
BradleyREACH@Apalachee Center  
please email the address below:  
[bradleyreferrals@apalacheecenter.org](mailto:bradleyreferrals@apalacheecenter.org)



**Partial Hospitalization Program  
(PHP)**

## Bradley REACH@Apalachee Center

Bradley REACH@Apalachee Center uses telehealth to make high-quality psychiatric care accessible to youth anywhere in the state of Florida.

BradleyREACH@Apalachee Center provides virtual therapy, removing the traditional geographic and logistical barriers to care, allowing children and adolescents to receive high-quality treatment in their home environment. Our Partial Hospitalization Program (PHP) is designed for patients ranging from 13 to 18 years old.

The PHP provides a higher level of care for patients who need more than outpatient care. Bradley REACH's programs can help to avoid inpatient stays, ensuring kids stay with their families and communities while receiving the treatment they need to get better. Bradley REACH can also work as a step-down for patients leaving inpatient care who require continuing support.

Our multidisciplinary teams include psychiatrists, psychologists, social workers, nurses, and behavioral health specialists. The team works collaboratively to meet our patients where they are, problem-solving for and with them.

The PHP Virtual Program includes:

**Family therapy:** Children and teens with strong family support are more likely to have positive outcomes, we expect families to participate in therapy twice per week.

**Individual therapy:** Each adolescent will participate in individual therapy at least twice per week during regular program hours.

**Group therapy:** Activities facilitated by the behavioral health staff may include journaling, therapeutic recreational activities, and physical exercise.

**Psychiatric care:** Each child in the program will have regular contact with the program psychiatrist and the clinical nurse specialist through a combination of group and individual therapy.

Parents and families tell us that virtual care makes it much easier to support their child's participation in the program. Data shows that the Bradley REACH virtual programs are as effective as in-person programs

Bradley REACH's partial hospitalization program operates 8:00 A.M. – 2:00 P.M. Monday through Friday. The average length of stay in the program is 3 - 4 weeks, but this varies depending on patients' individual needs.

The program can help to:

- Improve coping skills
- Reduce or eliminate self-harming behaviors
- Manage the symptoms of anxiety and depression
- Avoid inpatient hospitalization

