



**Leon | Wakulla | Gadsden
Franklin | Liberty**

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**Our Teams are available 24/7 because
your family matters.**

OUR MISSION

**To provide family-centered,
trauma-informed, culturally
competent services
individualized to the needs
and strengths of each family.**



OUR HISTORY

Apalachee Center, Inc. has served the Tallahassee community since 1948. In 1977, services were expanded to include the surrounding 7 counties, resulting in a service area that now spans across 5500 square miles. We serve approximately 7500 clients each year and employ over 500 individuals throughout our many facilities.

We are currently the largest community mental health center between Pensacola and Gainesville. We serve as intern/resident sites for both Florida State University and Florida Agricultural and Mechanical University in areas that include pharmacy, psychiatry, social work, nursing, and psychology.

CAT

Community Action Team

**Leon | Wakulla | Gadsden
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Phone: (850) 523-3444

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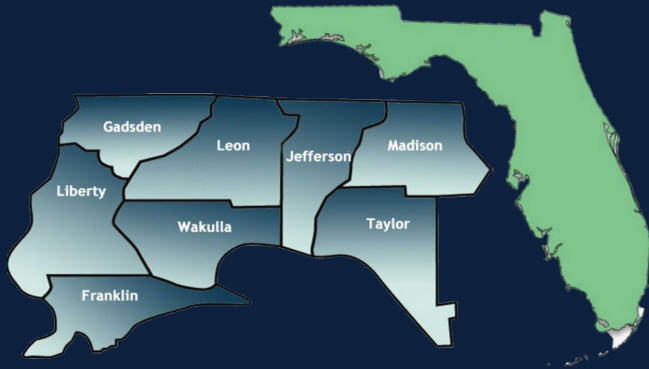
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ABOUT US

CAT provides intensive community-based services for youth and their families who have not achieved their desired outcomes from “traditional” approaches to treatment. Our multidisciplinary team of mental health and medical professionals work together to coordinate innovative and comprehensive treatment plans that integrate natural supports tailored to the individual needs of youth, young adults, and their families. We strive to enhance the quality of life of our clients and **empower** each person and family unit to reach their full potential, so that they may remain in their community.

SERVING

**FRANKLIN | GADSDEN | JEFFERSON
MADISON | LEON | LIBERTY | TAYLOR
WAKULLA counties**



OUR GOALS



Improve youth and family functioning

Increase health and wellness

Improve school related outcomes (e.g. attendance, grades, graduation)

Decrease psychiatric hospitalizations

Decrease substance use and abuse

Decrease out-of-home placements



CRITERIA

Youth (11-21 yrs. old) who have mental health and/or substance use disorder and other characteristics including:

- At-risk for out-of-home placement
- Psychiatric hospitalizations
- History with DJJ (Juvenile Justice)
- Multiple law enforcement episodes
- Poor academic performance and/or suspension

Youth younger than 11 meeting two or more of the above criteria may be eligible.

