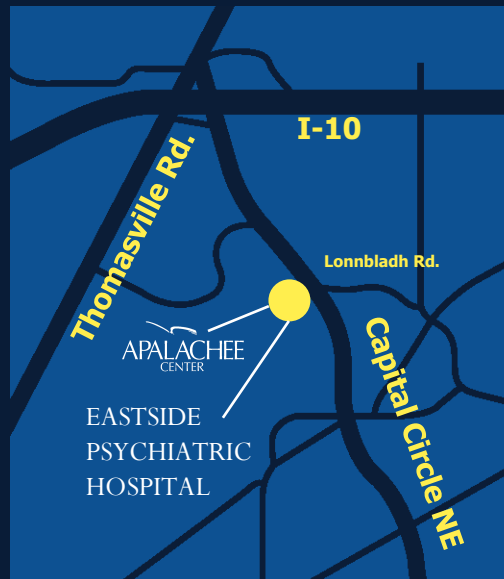




## Our History

Apalachee Center, Inc. has served the Tallahassee community since 1948. In 1977, services were expanded to include the surrounding 7 counties, resulting in a service area that now spans across 5500 square miles. We serve approximately 6000 clients each year and employ over 500 individuals throughout our many facilities.

We are currently the largest community mental health center between Pensacola and Gainesville. We serve as intern/resident sites for both Florida State University and Florida Agricultural and Mechanical University in areas that include pharmacy, psychiatry, social work, nursing, and psychology.



### Eastside Psychiatric Hospital

2634 Capital Circle NE - Bldg. B  
Tallahassee, FL 32308

**PHONE:** (850) 523 - 3300

**FAX:** (850) 523 - 3425

### 24 / 7 Evaluations & Admissions

**PHONE:** (850) 523—3483

**TOLL-FREE:** (800) 226-2931

**EMERGENCIES:** Dial 911

[www.apalacheecenter.org](http://www.apalacheecenter.org)



### EASTSIDE PSYCHIATRIC HOSPITAL



# ABOUT US

Individuals and families in recovery from mental health and addiction problems can face huge challenges every day. At Eastside Psychiatric Hospital, we are committed to helping people in recovery meet and master those challenges with dignity and respect. When you are in despair and have no where else to turn, Eastside is here to keep you safe and give you hope.

Our commitment is to provide effective, rapid solutions for the problems caused by acute phases of psychiatric issues - and to do so in a caring, compassionate way.



## OUR STAFF

Eastside Psychiatric Hospital's clinical staff is a multi-disciplinary team of highly qualified, caring, professional, dedicated staff ready to support you and your family in the most stressful times.

- ◆ Psychiatrists & Psychologists
- ◆ Advanced Practice Registered Nurses
- ◆ Nursing Staff (RN's and LPN's)
- ◆ Registered Dietician
- ◆ Social Workers
- ◆ Mental Health Assistants

## OUR SERVICES

- ◆ Psychiatric Evaluation
- ◆ Medication Management
- ◆ Individualized Treatment Planning
- ◆ Physical Health Management
- ◆ Nutritional Assessment
- ◆ Group & Individual Counseling
- ◆ Family Consultation
- ◆ Stress Reduction Groups
- ◆ Music Therapy
- ◆ Art Therapy
- ◆ Symptom Control Education
- ◆ Aftercare Planning



## WE CAN HELP