"All of us, at some time or other, need help. Whether we're giving or receiving help, each one of us has something valuable to bring to this world."

(Fred Rogers)



Apalachee Center's Main Campus 24/7 Evaluations & Admissions Phone: (850) 523-3483

> Mobile Response Team 24/7 Crises Line Phone: (800) 342-0774



### Apalachee Center's FACT Team

is located at our Apalachee Center at Bethel location.

Phone: (850) 523-3468 Fax: (850) 523-3469 471 East Tennessee Street Tallahassee, Florida 32301

#### ABOUT US

FACT (Florida Assertive Community Treatment) is an intensive outpatient mental health program that provides services 24 hours a day, 7 days a week. It is based on a nationallyrecognized, evidence-based treatment model known as PACT (Program of Assertive Community Treatment). FACT team members help our clients address every aspect of their life: medication, therapy, social support, employment, and housing.





FACT

Florida

Assertive

Community

Treatment



### GOALS

# Lessen or eliminate the symptoms of severe mental illness

• With the use of therapy, medications and other services.

# Minimize or prevent episodes of acute mental illness

• By helping individuals identify precursors, stressors and symptoms.

# Increase quality of life & independent living arrangements

• By helping individuals achieve their goals and teaching life skills to help individuals live independently.

#### **Improve Social Functionality**

• By working with individuals in the community.

#### **Improve Employment Relations**

• By helping individuals find employment

#### Meet basic needs

Helping individuals find and afford housing

#### **Decrease or prevent hospitalizations**

• By working with clients every day to keep up with their treatment

If you or a loved one are interested in services with the FACT Program, give us a call today.

### SERVICES

The FACT Program at Apalachee Center offers a wide range of integrated services that all work together to help our clients.

#### Psychiatric Evaluations/Medication Management

• Our APRNs (Advance Practice Registered Nurse) meet with clients monthly to assess, diagnose and treat symptoms. They also monitor the non-psychiatric medications and work closely with the primary care physicians.

#### **Case Management**

• With a team of qualified care managers, FACT maintains a low client/staff ratio to better serve our population.

#### Health Checks and Medication Injections

• Registered Nurses (RNs) manage and administer medications. They also screen for other health problems and coordinate services with other providers.

#### **Peer Support**

• With professionals who have gone through similar circumstances, we offer coaching and consultation services and recovery strategies.

#### Mental Health and Substance Abuse Treatment

• Our counselors and therapists provide integrated dual diagnosis treatment, outreach, and relapse prevention.

#### Vocational Rehabilitation Services

• A dedicated vocational rehab specialist provides supported employment services, including job development, job placement and job coaching services.



### ELIGIBILITY

Individuals who qualify for FACT services have:

- A severe and persistent mental illness
- Significant functional impairments
- A history of frequent or lengthy hospitalizations and/or substance use