

Eligibility

- The MAT program serves clients ages 18 and up who have a diagnosis of opioid or alcohol use disorder.
- Clients must be able to attend appointments in-person.
- Clients must be willing to work with an addictions counselor to address any psychological issues/challenges.

Existing Outpatient Clients of ACI and New Clients can be accepted into the MAT program.

Clients who are discharged from a Detox/Inpatient unit and were started on Suboxone/Vivitrol are strongly encouraged to promptly follow up with the MAT team for continued treatment in outpatient.

Program Referrals

Apalachee Center's MAT program

Is located at:

2634 Capital Circle, N.E.
Building C
Tallahassee, FL 32308

Hours: Monday through Friday
8 am—5 pm

If you or a loved one are interested in services with the MAT program give us a call today at:

Phone Number:
(850)523-3333 ext. 4553



OUR HISTORY

Apalachee Center, Inc. has served the Tallahassee community since 1948. In 1977, services were expanded to include the surrounding seven counties, resulting in a service area that now spans across 5,500 square miles. We serve approximately 7,500 clients each year and employ over 500 individuals throughout our many facilities. We are currently the largest community mental health center between Pensacola and Gainesville. We serve as intern/resident sites for both Florida State University and Florida Agricultural and Mechanical University in areas that include pharmacy, psychiatry, social work, nursing, and psychology.



Medication
Assisted
Treatment

For Opioid and Alcohol
Addiction



About MAT

The purpose of the Medication Assisted Treatment program (MAT) is to help individuals with opioid and alcohol use disorder throughout their journey to a successful recovery. Through the proper use of prescription medications and a mutually respectful treatment relationship, it is possible to be freed from the withdrawal and craving associated with opioid and alcohol use disorder.

Research shows that a combination of medication, therapy and support groups can successfully treat these disorders, and for some people struggling with addiction, MAT can help sustain recovery.

Services

What type of program is this?

This outpatient program is set up to address both medical and addiction services under one roof. Our treatment team consists of an Advanced Practice Registered Nurse, Licensed Practical Nurse and a Certified Addictions Counselor.

Medication:

- Suboxone and Vivitrol are used to treat clients with opioid use disorder and Vivitrol and other drugs can be administered or used for alcohol use disorders.
- Participants can expect to meet with an Advanced Practice Registered Nurse (APRN) weekly for medication management and a Licensed Practical Nurse (LPN) weekly for monitoring and a urinalysis.

Counseling:

- Counseling is an important part of Medication-Assisted Treatment. Through counseling, people learn why the addiction occurred, the problems it has caused, and what they need to change to overcome those problems. Counseling can provide encouragement and motivation to stick to treatment. It can teach coping skills and how to prevent relapse.
- Clients of MAT program can expect to participate in one group and one individual session per week with a Certified Addictions Professional (CAP).



Support:

It is very hard to go through recovery alone. Support from family and friends is very important to help a person make the decision to enter treatment and stick with it.

Opioid Overdose Prevention

Naloxone:

We encourage all program participants and family members to be educated on overdose intervention and have available Naloxone (Narcan) in case of an overdose.

Narcan is a nasal spray and can be used by a non-medical professional to reverse an overdose caused by opioids. If you suspect you or someone you know is having an overdose, call 911 immediately.

What Does An Opioid Overdose Look Like?

- Confusion
- Seeming “drunk”
- Vomiting
- Pinpoint Pupils
- Extreme drowsiness
- Unable to wake
- Very slow/irregular breathing or other breathing problems
- Blue or clammy skin
- Loss of consciousness

What can I expect when beginning treatment?

- Pre-Screen—by phone or in-person to gather information and determine if our program is appropriate for you.
- Full Assessment—Meet with the Licensed Practical Nurse for an observed drug screen and clinical and substance use history.
- Psychiatric Evaluation—Meet with an Advanced Practice Registered Nurse to assess your need for MAT medications and orientation to the MAT program.
- First Counseling Session—Meet with the Certified Addictions Professional to assess your readiness for change and begin setting treatment goals to assist in your recovery.

